



MACS TOP FIVE 15 & OVER MEN LCM

EVENT	NAME	TIME	DATE	MEET
50 FREE	Rob Jones	25.01	6/00	DU
	Al Jarrell	25.84	6/99	NJ
	Jeremy Allison	25.85	7/07	State
	Dusty Duncan	25.98	7/93	Minnesota
	John Alfred Ockiya	26.13	8/97	Div 1
100 FREE	Jason Wesoky	55.62	7/93	Minnesota
	Rob Jones	56.02	7/00	FAST
	Ben Hammond	56.67	7/91	Michigan
	Callan Hetterich	56.30	7/06	Sectionals
	Michael Martin	56.48	7/08	State
200 FREE	Griffin Caruolo	1:57.01	8/93	Juniors
	Callan Hetterich	2:00.54	7/06	Sectionals
	Rob Jones	2:00.61	7/00	Texas
	Jon Kalberer	2:01.72	7/91	Michigan
	Dave Goodwin	2:02.78	7/93	Minnesota
400 FREE	Griffin Caruolo	4:07.31	8/93	Juniors
	John Kalberer	4:12.19	7/91	Michigan
	Nate Tobin	4:15.76	8/04	Sectionals
	Rob Sims	4:17.09	8/91	Juniors
	Walker Sines	4:17.27	3/08	Sectionals
800 FREE	Griffin Caruolo	8:29.85	8/93	Juniors
	Jon Kalberer	8:41.00	7/91	Michigan
	Walker Sines	8:42.77	3/08	Sectionals
	Nate Tobin	8:43.22	8/04	Sectionals
	Greg Cox	8:54.14	7/99	Clovis
1500 FREE	:			
	Walker Sines	16:39.36	3/08	Sectionals
	Nate Tobin	16:47.47	8/04	Sectionals
	Greg Cox	17:06.18	7/99	Clovis
	Jeff Grooters	17:06.99	7/91	Michigan
	Jeremy Zeid	17:10.97	7/93	Minnesota
100 BACK	Kent Dickson	59.30	8/85	-----
	Rob Jones	1:02.75	8/96	Nationals
	Dave Goodwin	1:03.26	7/93	Minnesota
	Nick Owens	1:03.29	7/94	Minnesota
	Michael Martin	1:04.47	6/08	NJ

200 BACK	Kent Dickson	2:10.13	8/84	-----
	Dave Goodwin	2:17.19	7/93	Minnesota
	Greg Cox	2:18.45	7/00	Texas
	Jeremy Zeid	2:18.91	7/93	Minnesota
	Michael Martin	2:19.39	7/08	Sectionals
100 BREAST	Tim Blum	1:08.12	7/96	Clovis
	Jeremy Allison	1:08.60	7/06	Sectionals
	Grant McConaughy	1:08.74	7/94	Minnesota
	Michael Phelps	1:10.71	7/05	State
	Dusty Duncan	1:11.30	7/95	Minnesota
200 BREAST	Tim Blum	2:24.45	7/96	Clovis
	Grant McConaughy	2:32.97	7/94	Minnesota
	Jeremy Allison	2:33.00	8/05	Zones
	Michael Phelps	2:33.18	7/05	State
	Al Jarrell	2:33.94	8/98	Juniors
100 FLY	Rob Jones	55.12	8/97	Nationals
	Jason Wesoky	59.40	7/93	Minnesota
	Ben Hammond	1:00.52	7/91	Michigan
	Callan Hetterich	1:00.59	7/06	Sectionals
	Tien Luong	1:00.63	7/96	Clovis
200 FLY	Rob Jones	2:01.94	3/95	Nationals
	Tien Luong	2:12.69	7/96	Clovis
	Jason Wesoky	2:13.18	7/93	Minnesota
	Greg Cox	2:14.60	7/99	Clovis
	Rob Sims	2:14.80	3/95	Juniors
200 IM	Tim Blum	2:13.11	7/96	Clovis
	Al Jarrell	2:14.51	8/98	Juniors
	Jeremy Zeid	2:17.68	7/93	Minnesota
	Jeremy Allison	2:18.56	8/05	Zones
	Jason Wesoky	2:18.68	7/93	Minnesota
400 IM	Tim Blum	4:44.12	7/96	Clovis
	Al Jarrell	4:45.77	8/98	Juniors
	Jeremy Zeid	4:47.64	7/93	Minnesota
	Andy McAliley	4:48.42	8/01	Sectionals
	Jon Kalberer	4:51.15	7/91	Michigan